

The Aquarian Teacher™



KRI International Teacher Training

in Kundalini Yoga as taught by Yogi Bajan®

21 STAGES OF MEDITATION

Stefanie Legeland – Atmaroop Kaur

has completed the 21 Stages of Meditation Course.

Course Location: **Bochum, Germany**

Course Dates: **April 1-7, 2019**

Lead Trainer: **Sohan Kaur Khalsa**

Sat Nam.

Congratulations on successfully completing the 48 hours of the KRI 21 Stages of Meditation program.

May this training support and inspire you on your personal journey of realization to live as an Aquarian Teacher and may you be blessed to share this technology with the many souls longing to find a path in the Aquarian Age.

Humbly yours,

Handwritten signature of Amrit Singh Khalsa.

Amrit Singh Khalsa
Executive Director of the Aquarian Teacher
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